



Curriculum Aims

Subject – PSHE



Aims & content of the PSHE curriculum at Mount Primary

The curriculum for the programme of study in PSHE education has three core themes :

- Relationships
- Health and wellbeing
- Living in the wider world

At Mount we teach all learners to behave as caring, respectful young people with high aspirations for their future and their world by following a whole-school curriculum for PSHE which has strong links throughout to the three core themes above, British Values and SMSC. We are also responsive to local issues within our PSHE curriculum and ensure topics are addressed as and when is necessary (e.g. referencing local news stories or if cases of bullying should arise in school). Children from EYFS through to Year 6 will begin by learning about rules (in relation to our RESPECT code of conduct, personal relationships, school expectations and the wider world). This will set the expectation for their personal conduct as a learner, member of the school and as a global citizen. Pupils then progress to learning about the meaning of different types of relationships, applying social skills in different contexts and the importance of self-respect / understanding when relationships are unhealthy. In the Summer term, as children mature and are better able to articulate their opinions and feelings, they will focus on their health and wellbeing (for example, making healthy choices, keeping themselves safe, drugs education and SRE).

An over-arching focus on mental health and wellbeing is highlighted in the new statutory requirements and is prominent across all key stages at Mount, where we believe that all pupils should be free to articulate their feelings and understand that mental health is a normal part of daily life. Therefore, we have chosen to inter-link our PSHE curriculum with the whole-school curriculum for positive mental health and wellbeing and make daily use of the ZUMA programme for mediation and mindfulness.

Mount's 'RESPECT' code of conduct is the initial focus in the Autumn term for every year group, with the theme of 'respectful behaviour' being referred to throughout our PSHE curriculum. This ensures that pupils understand the meaning of respecting others, themselves and the world around them. Each academic year childrens' understanding of the meaning of the word 'respect' and how to be 'respectful' is built on so that they know how and why they can show respect in a variety of ways and means. The core themes of friendship, rules, community, health and well-being, SRE and drugs education are also included on the PSHE map for every year group – with the knowledge taught being carefully selected so that it is age-appropriate and progressive.

Progression across the curriculum is carefully mapped-out so that links to prior and post learning are clear and pupils are given opportunities to develop their existing knowledge and understanding further. The teaching of relationships, for example, will look very different in Year 1 (where children are understanding the meaning of the word 'relationship' and discussing this in simple terms) to Year 6 (where they will study the complexities of relationships, discuss loss and develop the means to manage changing or negative relationships). This will give pupils opportunities to revisit aspects of learning in a deeper level over the key stages.

How do you know children have learned that knowledge?

PSHE learning at Mount allows opportunities to revisit and reapply knowledge taught through the repeated themes of friendship, rules, community, health and well-being SRE and drugs education evident in each year group's PSHE curriculum. Teachers are aware of prior knowledge taught the previous year and can use this to assess pupils at the start of a new unit the following year.

PSHE floor books are used across all year groups and are regularly updated each week with a piece of work, photographs or quotes from pupils. Trackers attached to the back of these books enable teachers to keep notes of individual children's verbal contributions to PSHE discussions.

PSHE knowledge mats are available for pupils in each year group and these can be used as a self-assessment tool by children.

How the PSHE curriculum cater for all learners

All pupils (including those with SEND) will be exposed to the same curriculum in PSHE and differentiation will be predominantly via peer and / or teacher support during verbal discussions. When undertaking written or reading activities, teachers will target children needing support for literacy and use this as a further intervention opportunity to promote progress in this area.

Ongoing verbal feedback from pupils will allow teachers to assess whether disadvantaged children are performing as well as their classmates. Children will also be encouraged to self-assess using their knowledge organisers to identify and fill gaps in their own learning.

The detailed knowledge and rich vocabulary taught in the PSHE curriculum at Mount will ensure that high levels of challenge and ambition are provided for all pupils.

How does your content selection develop pupils' cultural capital? (knowledge they need to become educated citizens – introducing them to the best that has been thought and said and to appreciate human creativity and achievement).

The whole-school curriculum for PSHE at Mount has strong links throughout to British Values, global learning and SMSC. These have been made evident in the long-term plans through the use of a colour-coded system in the curriculum objectives section.

Topics chosen for discussion (e.g. 'What is a community?') will make links to building and maintaining positive relationships with people in our local area as well as those in different countries. Such topics also allow our pupils to better understand their place in a local, regional or global community.

International links are made whenever possible through the use of global topical issues to promote discussion or debate in PSHE lessons. In each core theme across every year group, images or resources are carefully selected to broaden children's cultural experience and celebrate diversity.

Opportunities to develop learning outside of the classroom in PSHE are given during museum visits or multi-cultural theme weeks.